



Tioga County Public Health Department

Lisa C. McCafferty, R.S., MPH; Public Health Director
1062 State Route 38, PO Box 120, Owego, NY 13827
607-687-8600



Public Health
Prevent. Promote. Protect.
Tioga County

PRESS RELEASE

For Immediate Release:
December 23, 2021

Contact: Kylie Holochak, 607-687-8612
Senior Public Health Educator/PIO

Tioga County COVID-19 Update for December 15, 2021 – December 21, 2021

COVID-19 case breakdown in Tioga County from December 15, 2021 – December 21, 2021:

- **New Cases: 231**
 - **Unvaccinated: 95**
 - **Vaccinated: 90**
 - **Unknown Vaccination Status: 7**
 - **Children Under 12: 39**
- **Hospitalizations: 5**
- **(Known) Deaths: 1**
- **Current Active Cases: 227**

Data is a snapshot of what is reported to us via different venues. Vaccination status is self-reported by the positive case or their parent/guardian during the case investigation. Tioga County is not always notified when a death occurs. Deaths related to COVID-19 are reported to our department in different ways. Various factors may impact the severity of one's COVID-19 illness including underlying health conditions and vaccination status. The COVID-19 vaccine offers protection against severe illness and hospitalization. We encourage eligible individuals to get vaccinated.

It's hard to believe that COVID-19 is affecting yet another Christmas for us all. COVID-19 and other seasonal illnesses like the common cold, influenza, and strep throat continue to circulate around our community, which is concerning with many getting ready to travel and gather with people outside of their household for the holiday. While we hope everyone is able to safely spend Christmas with their loved ones, we ask that if you are feeling ill to please consider skipping any gatherings to avoid getting others sick.

We anticipate another spike in new COVID-19 infections following the holiday. Please monitor yourself and your household members over the next few weeks for any symptoms of COVID-19 and other seasonal illnesses. If you are sick, please stay home and contact your health care provider before returning to work or school.

Don't forget to take care of yourself during this time! Include healthy food choices in your diet, squeeze in a few walks, get extra sleep, and make sure you are drinking plenty of fluids, especially water. Don't forget to wash your hands often, wear a mask when in public places (especially while holiday shopping in crowded stores), practice social distancing and avoid sick people. Have a Merry Christmas and be well!

COVID-19 Resources:

- COVID-19 Vaccine Locations: <https://www.vaccines.gov/>
- Testing Locations: <https://get-tested-covid19.org/>
- New York State Dashboard: <https://coronavirus.health.ny.gov/covid-19-testing-tracker>
- Tioga County Public Health Website: ph.tiogacountyny.gov
- Tioga County Public Health Facebook Page: <https://www.facebook.com/tiogacountypublichealth>