

TIOGA COUNTY COMMUNITY SERVICES BOARD

MH – ASA – OPWDD Subcommittee Meeting

October 7th, 2025

9:30 a.m.

Via: Hybrid

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- **Review and approve September 2025 meeting minutes**
- **Director's Report**
- **Deputy Director's Report**
- **Clinical Director's Report**
- **Mental Health Report – Larissa Brower, Chair**
 - A New Hope Center Report
 - RSS Report
 - Public Health
 - HeaHea Report
 - Additional Updates
- **OPWDD Report – John Crosby, Chair**
 - DDSR/DDRO Report
 - Achieve Report
 - FSS Report
 - CCO Reports
 - Racker Report
 - Catholic Charities Report
 - Self-Advocacy Report
 - Other Business
- **ASA Report - Kylie Holochak, Chair**
 - Trinity Report
 - ASAP Coalition Report
 - Coroner/EMS Report
 - Sheriff's Office Report
 - Additional Updates
- **Additional Group Discussion**
- **Adjournment**

Next meeting: Tuesday, November 4th, 2025

TIOGA COUNTY COMMUNITY SERVICES BOARD
MH – ASA – OPWDD Subcommittee Meeting

PENDING APPROVAL

September 2nd, 2025

9:30 a.m.

Via: Hybrid

Member Attendance:	Katie Wait Larissa Brower John Crosby Tina Lounsbury Sarah DiNunzio	Kimberly Bailey-Poreda Renee Nuzak Karen Warfle Sarah DiNunzio
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Guest Attendance: Anne Seepersaud

Mental Hygiene Staff Attendance: Sarah Begeal, Deputy Director of Community Services

Angelica Deyo-Cruz, Corporate Compliance Officer
Porshea Moore, Peer Advocate
Cassandra Horton, Minutes

Meeting called to order at: 9:35am

Topic: Review August 2025 Minutes – Approved as written

Topic: Deputy Director's Report – Sarah Begeal

Discussion: Updates:

- Budget
 - Budget on track
- Staffing
 - 2 vacancies for School Based
 - Clinic has vacancies
 - Challenge with recruitment
- September is Suicide Prevention Awareness Month
 - Lori presented a proclamation to the Legislature
 - Local Crisis number: 607-687-4000
 - Monday – Friday 9:00am – 5:00pm
 - Weekend/Holidays: 607-687-1010
 - Ask to speak with the on-call crisis Social Worker
 - 988 is available – calls are not handled locally
- Mental Health Mobile Crisis
 - Katherine Mikulski hired
 - Weekdays 9:00am – 5:00pm in addition to current crisis
 - This position will enhance what the clinic already has in place
 - Finalizing policies & procedures

- Articles
 - Porshea Moore wrote an article on Suicide Awareness
 - Submitting to the Pennysaver for September

Status: Informational – Complete

Topic: Clinical Program Director – Danielle Fabregas

Discussion: Updates:

- Staffing
 - Two Social Worker positions open
- Crisis Information
 - Cards available with crisis information
- Census
 - 590 – Mental Health
 - 122 – ADS

] Status: Informational - Complete

Topic: OPWDD Subcommittee – John Crosby, Chair

Discussion: DDSR/DDRO Report – Renee Nuzak

- Talking Points regarding Federal Funding
 - State cuts and impacts on OPWDD discussed
 - Brief data overview
- Issues with finding Medicaid programs
 - Dental & Healthcare

Achieve Report – Shannon Westbrook -Not Present

FFS Report – Gayle Pado - Not Present

CCO Reports

- LifePlan – Anne Seepersaud
 - Ewig Speech & Hearing Clinic at Ithaca College
 - Free clinics during the academic year (all ages)
 - Seeking new referrals
- ST Connects – Emily Jackson – Not Present
- Prime Care – Tricia Tomm – Not Present

Catholic Charities – Gabby Ayres – Not Present

Rackers – Gayle Pado – Not Present

Self-Advocacy – Karen Warfle

- Voices of the 607 meet Thursdays from 6:00-7:00pm
- October is AAC Awareness Month

- ISAAC international hosting an online conference October 28-29th
- International AAC Awareness month established by the ISAAC's LEAD Project Committee
- Thirteen counties participated in the first awareness month
- Events continue to increase in number and scope
- Celebrated worldwide each October
- Goal: Raise awareness of augmentative & alternative communication (AAC) and the numerous ways individuals communicate using communication devices.
- <https://conference.isaac-online.org> to register
- Follow on social media: #AACaware25
- Upcoming Webinars
 - "Using the Communication Matrix Assessment to Build Consensus: - September 17th
 - Learn more and register:
 - <https://isaac-online.org/english/webinars/>

Status: Informational – Complete

Topic: ASA Subcommittee – Kylie Holochak, Chair – Not Present

Discussion: Trinity Report (via email) – Laura Smith – Not Present

- New staff member for the Spencer Schools
- Reaching out to Newark Valley to get programs started
- Waverly will be getting their schedule together for programming

ASAP Coalition – Porshea Moore

- Overdose Awareness Vigil
 - Very good turnout
 - Many agencies & speakers participated
 - Photos placed on vigil bags this year
- Working on back-to-school projects

Coroner/EMS – Bob Williams – Not Present

Sheriff's Office – Trevor Yaeger – Not Present

Peer Advocate Report – Porshea Moore

- 242 Narcan kits were given away in one day
 - 96 kits given away at the Red Door alone

Status: Informational - Complete

Topic: MH Subcommittee – Larissa Brower, Chair

Discussion: A New Hope Center – Sarah DiNunzio

- Major funding cut received last month
 - October 1st - 2 positions to be cut with possibly 1-2 additional
 - Cuts will impact services provided

- Statewide cut – all counties affected
- DSS CAC positions will remain
- October is Domestic Violence Awareness month
 - “Let’s Ghost DV” event (see flyer)
 - October 4th from 12:00-5:00pm
 - Owego Elks Club
 - Carnival games & costume contest
 - \$10 for vendor tables
 - Sign-up on website
 - October 16th – wear purple for Domestic Violence
 - Send photos to Sarah DiNunzio
 - Sarah is writing an article on Domestic Violence Awareness month for the Pennysaver

RSS – Larissa Brower

- Almost fully staffed

Public Health – Katie Wait

- Credible Minds
 - Promos continue
 - Positive feedback from coffee shops regarding coffee sleeves
 - Highest population using site:
 - 13-17 yr olds
 - 18-24 yr olds
 - 35-44 yr olds

Suicide Prevention Coalition – Katie Wait

- Race Dedication Night at Tioga Downs
 - September 6th, 2025
 - Theme “Locks save Lives”

Hea Hea – Nadia Constant – Not Present

Status: Informational – Complete

Adjournment: The meeting adjourned at 10:12am. The next meeting is scheduled for Tuesday, October 7th, 2025, at 9:30am

Owego Free Academy Class of 1975's 50th Reunion set for October 10 and 11

The Owego Free Academy Class of 1975's 50th reunion is right around the corner. Events are planned for the weekend of Oct. 10 and 11. A mixer will be held on Friday, Oct. 10, from 7-9 p.m. at the American Legion, located at 263 Front St., Owego.

Saturday morning, interested classmates will gather to golf at the Owego Golf

Club, located at 2771 Waits Rd., Owego. Those interested should contact Louise Striley at (607) 699-7481 for tee time if you haven't already indicated it on your registration form.

To support locally owned independent businesses, a Poker Run is planned for Saturday afternoon, Oct. 11. The "Run" will start at 11:30 a.m. at a

local business, classmates will have two hours to visit participating businesses. After making a purchase, the classmate will receive a playing card. The Poker Run will end at 1:30 p.m. at the high school where the classmate or guest with the best poker hand will be awarded a prize.

Immediately following the end of the Poker Run, the main event will be held on Saturday, Oct. 11,

at the Owego Golf Club from 5-10 p.m. A DJ will spin records from 5-7 p.m., texting (607) 972-3789, the deadline for registering is fast approaching so get your registration form in as soon as possible. Your classmates are looking forward to seeing you there!

Registration forms can

AUCTIONS

Sterling Farm Auction, Estate Of Joe Sterling
Saturday, September 27th @ 9:00 AM

Held On The Farm At 891 Dutch Hill Rd, Pine City, NY

This is a nice group of field ready farm equipment that was used this year and is only being sold due to the unfortunate passing of Joe. All sells to the highest bidder!

Highlights: '72 John Deere 4320 w/ Rops Canopy, Double Stuck Front Weights, Wheel Weights, Like New Rear Tires, 3100 Hours, Straight 8 Nicol; John Deere 6410 2wd w/ Cab, 4020 Diesel Syncro Dual Remotes, 2755 2wd w/ Cab; White 2-75 2wd; Gehl 5625SX EROPS T Handle Controls; Kuhn FC 3160 Discbine AS New & A Great Line Of Hay Equipment; Unused Corn Pro Stock Trailer; Cattle Working System; Full List Can Be Found @ Goodrichauctionservice.com.

Auction By:

Goodrich Auction Service Inc.

7166 Route 38, Newark Valley NY

(607) 642-3293

www.goodrichauctionservice.com

GOODRICH

ALLOCATION SERVICE, INC.

Auctioneers: Fern Goodrich (607) 265-0175
& Fred Goodrich (607) 229-0200

AUCTIONS

20th Annual Broome County Fall Absolute Consignment Equipment Auction AND

30th Annual Surplus School Bus, Vehicle & Equipment Auction

Saturday October 4, 2025 8:30 am

Hast Auction Of Tractors, Compact Tractors, Construction & Farm Equipment:

Cars, Trucks & Trailers: Lx Quantity Of Lawn & Garden: Etc.: Etc.

(10) School Buses & School Vehicles From Local Schools (Selling Approx 11:30AM); (4) 2013-2014 Bluebird Conventional 66-Pass. Buses - Rough Propane Engines; (4) Ford Transit & Chevy 3500 Small Buses;

Farm & Compact Tractors, Backhoes, Skid Loaders, Dozers, Loaders.

Excavators, Farm Equipment, Skid Loader Attachments, New Mini Excavators & New Backhoes.

Work Benches & Bathrooms, PLANS - (100+) Lawn & Garden Tractors

Farm Tractors: JD 6715, 4wd, w/Cab, 7000 Hours; JD 3155 w/740 Loader, 4wd, Cab; JD 4055, 4wd,

Cab, Euro Model; Self-Propelled Harvester JD 6710, 4wd, w/ 640 Pick Up Head And 6 Row Kemper-

Style Head; Compact Tractors, Kubota L - 3010 w/Loader & Backhoe, Low Hours; New Holland TC

Shining a Light on Hope: September is Suicide Prevention Awareness Month

Warning Signs

Community members are encouraged to learn the warning signs that someone may be at risk: talking about wanting to die or feeling hopeless; withdrawing from friends, family, or community activities; showing extreme mood changes; and giving away possessions or saying goodbye unexpectedly.

Sometimes, the most powerful step is simply checking in with someone, asking how they are really doing, and listening without judgment.

Local Support and Resources

The Tioga County Mental Hygiene Department provides access to counseling, crisis support, and prevention programming throughout the year. The Suicide Prevention Coalition of Tioga County also

works to bring awareness and education to schools, workplaces, and neighborhoods.

This month and every month, Suicide Prevention Awareness reminds us that compassion, understanding, and connection can save lives. By reaching out, listening, and standing together, our community can replace silence with support and despair with hope.

You Are Not Alone

If you or someone you know is struggling, confidential help is available.

Locally, residents can receive assistance immediately by calling Tioga County Mental Hygiene Crisis Line at (607) 687-1010 (after business hours, ask for the on-call mental health crisis worker, seven days a week) or (607) 687-4000 (daytime hours Monday-Friday from

Recognizing the