

**TIOGA COUNTY COMMUNITY SERVICES BOARD**  
**MH – ASA – OPWDD Subcommittee Meeting**

**APPROVED**

May 5<sup>th</sup>, 2026

9:30 a.m.

Via: Hybrid

Member	Tina Lounsbury	Colleen Arnold
Attendance:	Anne Seepersaud	Laura Smith
	John Crosby	Karen Warfle
	Renee Nuzak	Shannon Westbrook
	Kristin Russell	Sarah DiNunzio
	Tricia Tomm	Jennifer Payne

Guest                    Kari Nichols

Attendance:

Mental	Sarah Begeal, Director of Community Services
Hygiene	Danielle Fabregas, Clinical Program Director
Staff	Angelica Deyo-Cruz, Corporate Compliance Officer/CSPOA
Attendance:	Porshea Moore, Certified Recovery Peer Advocate
	Sue Graves, Secretary to the Director

Meeting called to order at: 9:36am

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Topic:                    Review April 2026 Minutes

- MH Subcommittee – Approved as written
- OPWDD Subcommittee – Approved as written
- ASA Subcommittee – Approved as written

Topic                    Director’s Report – Sarah Begeal

Discussion:            Updates:

- Local Service Plan
  - Top Needs for OPWDD, MH and ASA Subcommittees
    - Housing
    - Prevention Services
    - Residential Services
    - Transportation
    - Work Force
  - Please email or call Sarah with any further additions or changes
- Mobile Crisis Campaign
  - Katie Mikulski is in meetings with law enforcement, schools, hospitals, and DSS regarding Mobile Crisis Services
- May – Mental Health Awareness Month
  - Article in Pennysaver- attached
- Staff
  - Louise Henley resigned effective 5/15/26
  - MH Intern graduating on 5/7/26

- Kirsten VanSlyke, LMSW starting 5/18/26
- New MH Intern starting on 5/18/26
- Suicide Prevention Grant
  - Requested permission to apply for grant
  - Partnering with Public Health
  - Up to \$ 132,000 over 30 months (state aid)

Informational - Complete

Status:

Clinical Program Director Report – Danielle Fabregas

Topic:

Updates:

Discussion:

- Census
  - ADS
    - 83 Admitted
  - MH
    - 581 Admitted

Status:

Informational - Complete

Topic:

MH Subcommittee – Angel Deyo-Cruz, Chair

Discussion:

- A New Hope Center – Sarah DiNunzio
- Rubie Jubilee – 40<sup>th</sup> Anniversary
    - June 10<sup>th</sup>, 2026, at the Owego Elks
    - Tickets available on ANHC website
    - Ads for the program book available for purchase- link on site
      - Deadline is 5/15/26
  - 2025 Annual Report Completed
    - Averaged 1,200 people per year
      - Domestic violence
      - Sexual violence
      - Youth – Safe Harbors
    - Lengths of stay increased due to housing crisis
      - 2016 average stay – 24 nights
      - 2026 average stay - 60 nights
    - Number of calls
      - 50% of people calling for shelter
      - 61% couldn't be accommodated

Rehabilitation Support Services – Colleen Arnold

- Openings in all housing options
- New supervisor hired
- Social Club attending “Take My Hand” event on 5/17/26

Public Health – Kristin Russell

- Working on Suicide Prevention in the community & schools
- Katie Wait returning in May
- CLYDE data being presented to the Suicide Prevention Coalition

Hea Hea – Nadia Constant - Not Present

Status: Informational - Complete

Topic: OPWDD Subcommittee – John Crosby

Discussion: DDSO/DDRO Report – Renee Nuzak

- No new updates

Achieve – Shannon Westbrook

- At maximum capacity with wait lists
- Day Hab programs filling up

FFS Report –Gayle Pado - Not Present

CCO Reports

LIFEPlan – Anne Seepersaud

- Community Networking Event June 10<sup>th</sup> at Doubletree, Binghamton
  - Tina Lounsbury registered
  - Broome – Tioga Employment Center attending
  - A lot of professionals attending
- School Outreach
  - Tioga Central last month

*John requested to know how many people leave the school system without being connected to supports. Can schools keep track of who left without the necessary contacts – who has fallen into the cracks? He would like to know if it is a measurable number and then need to know how to fix it.*

Prime Care –Tricia Tomm

- 1 new enrollment for Tioga County
- Care Management position filled
- Fully staffed
- Focusing on preventative care
- Also doing program outreach in schools
  - Assessments & form completion to get individuals into services post school

ST Connects – Emily Jackson – not present

Rackers – Gayle Pado – Not present

- May's calendar & events emailed to the subcommittees

Catholic Charities – Jennifer Payne

- Dance June 11<sup>th</sup> from 4:00 – 7:00pm in Nichols
  - Prom themed
  - Flyer to be sent via email

- Posted on Facebook

Self- Advocate – Karen Warfle

- Advocating for son's services
  - On several wait lists
  - FFS services being received
  - Self-direction services are drawn from the same staffing pool

Status: Informational - Complete

Topic: ASA Subcommittee – Kristin Russell for Kylie Holochak, Chair

Discussion: ASAP Coalition – Kristin Russell

- Met with Tioga Central & Spencer VanEtten Schools
- Drug Take Back Day successful
  - 200 pounds of medications
  - 5 large boxes of sharps
- Spencer VanEtten Safety Symposium
  - Kylie presented CLYDE data
- Logic Models
  - Working on models this Thursday & Friday
- Listening Session at the Boys & Girls Club
- Sector Rep meeting at the end of May

CASA Trinity – Laura Smith

- Programs finished at Waverly Schools
- Spencer VanEtten 5<sup>th</sup> & 6<sup>th</sup> grade programs done
  - Group started
- “Shawna Has a Secret” & Narcan training at the SVE Safety Symposium
  - A lot of Narcan handed out
- Meeting with Tioga Central School to start Teen Intervene
  - 1 referral received
- Laura moving – Chemung Prevention taking over
  - Trinity downsizing staff to two educators for Tioga County

Tioga County EMS/Coroner Report – Bob Williams – Not Present

Sheriff's Office report – Trevor Yaeger – not present

Certified Recovery Peer Advocate – Porshea Moore

- Porsha Moore has an additional article for the Pennsaver for Mental Health Awareness month - emailing to Sue Graves for submission

Status: Informational - Complete

Adjournment: The meeting adjourned at 10:13am. The next meeting is scheduled for Tuesday, June 2<sup>nd</sup>, 2026, at 9:30am

