

TIOGA COUNTY DEPARTMENT OF MENTAL HYGIENE

COMMUNITY SERVICES BOARD

June 18<sup>th</sup>, 2026

**APPROVED**

Via Hybrid

Members Present: Fran Bialy  
Tina Lounsbury  
Porshea Moore  
Christine Schweitzer  
William Standing, III  
Shawn Nalepa  
Keith Nichols, MD – via zoom

Members Excused: Bob Williams

Members Absent: Carolyn Galatzan  
Pat Gillule

Guests: Casey O'Reilly, OPWDD

Mental Hygiene Present: Sarah Begeal, Director of Community Services  
Susan Graves, Secretary to the Director of Community Services  
  
Meeting called to order at 9:40am

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Category: Meeting Minutes

Topic: Review of the May 2026 Minutes – motion to approve with change – Tina Lounsbury  
2<sup>nd</sup> Porshea Moore, approved with change

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Topic: Director Report – Sarah Begeal

Discussion: Updates:

- LSP (Local Service Plan) Updates
  - Plan completed & reviewed with the Board
  - Motion to approve plan – Fran Bialy, 2<sup>nd</sup> Porshea Moore, approved unanimously
- Quorum Discussion ensued
- By-laws
  - Need updating to reflect current laws
  - Sarah has started the process and will review with the board
  - Committee formed to review consisting of Sarah Begeal, Tina Lounsbury, Christine Schweitzer & Porshea Moore
  - Goal: Complete by the end of the year

- Video Conferencing
  - Email sent to County Attorney regarding protocol going forward
- LGU (Local Government Unit)
  - Clarification received from the Mental Hygiene counsel
  - Mental Hygiene Department is the LGU for Tioga County

Status: Informational – Complete

Topic: Chair Report – Fran Bialy

Discussion: Updates:

- Notice sent to the State confirming Sarah Begeal as the new Director of Community Services

Status: Informational – Complete

Topic: New Business

Discussion: Updates:

- Resolution for Shawn Nalepa’s additional term passed
- Membership currently sitting at 10, must be 9 or 15; cannot sit at an even number
  - Current by-laws state membership to be 15
  - Sarah proposed bringing Kristine onto the Board – Tina Lounsbury made a motion, 2<sup>nd</sup> Shawn Nalepa, approved unanimously
  - Resolution to be put forth for board membership
  - Board agreed to put forth a resolution in August or September to reduce the current membership number from 15 to 9
  - Number will be reached by attrition with upcoming vacancies in 2027
- Board Membership Application
  - Application revised
  - Application includes subcommittees
  - Additional revisions requested by the Board
  - Include a pledge of support to the Board’s and/or subcommittee’s goals & add mission statement
  - Revision to be emailed to the board
- Accumedic
  - Outage took place on June 8<sup>th</sup>
  - Currently operating under emergency protocols
  - Brief discussion ensued
- OMH Provider List for Tioga County
  - List of OMH licensed providers in Tioga County (attached)
  - Would be used in replacement of a release in emergent situations
  - Updated list to be emailed to the Board

Status: Informational – Complete

Other

Discussion: A New Hope Center – Fran Bialy

- Thank you to all for supporting the Ruby Jubilee
- Approximately 130 individuals attended
- Great success

A New Hope Center has an opening in the house for a domestic violence individual if needed.

Certified Recovery Peer Specialist – Porshea Moore

- OD Maps & OD numbers
  - OD Maps showing low numbers
  - Numbers do not reflect reversals
  - Porshea developed a spreadsheet to keep track of reversals and not just deaths
    - 41 reversals reported with Narcan provided by Mental Hygiene
    - Renewal Ranch had 33 reversals
    - Unduplicated numbers
    - To prevent numbers duplication a questionnaire was developed that asked if the reversal had been reported to someone else. If so, the number is not used.
    - Finding more people are coming back and reporting
    - Breaking the stigma is working
- Strawberry Festival
  - Tabeing again this year for both Mental Hygiene and the ASAP Coalition

Housing Coalition

- Liz Myers, Commissioner of DSS, created a group to address the housing issues and develop solutions in Tioga County
- Looking for more membership

Status: Informational – Complete

Adjournment: The meeting adjourned at 10:27am. There will not be a July meeting. The next meeting is scheduled for Thursday, August 20<sup>th</sup>, 2026, at 9:30am.

