Tioga County Public Health Department

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PRESS RELEASE

For Immediate Release: Contact: Kylie Holochak, 607-687-8612
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Tioga County COVID-19 Update for January 5, 2022 – January 11, 2022

COVID-19 case breakdown in Tioga County from January 5, 2022 – January 11, 2022

- **New Cases:** 795
    - **Unvaccinated:** 118
    - **Vaccinated:** 206
    - **Unknown Vaccination Status**: 391
    - **Children Under 12:** 80
- **Hospitalizations:** 9
- **(Known) Deaths:** 1
- **Current Active Cases:** 632

(**Please Note:** Data does not include self-reported positive at-home tests)

Data is a snapshot of what is reported to us via different venues. Vaccination status is self-reported by the positive case or their parent/guardian during the case investigation. Tioga County is not always notified when a death occurs. Deaths related to COVID-19 are reported to our department in different ways. Various factors may impact the severity of one's COVID-19 illness including underlying health conditions and vaccination status. The COVID-19 vaccine offers protection against severe illness and hospitalization. We encourage eligible individuals to get vaccinated.

The New York State Department of Health has updated their isolation and quarantine process. Virtual case investigators will begin prioritizing the order in which positives cases are called. There continues to be a backlog of cases across New York State. Please be patient while you wait for someone to contact you. If you need paperwork for an isolation or quarantine, fillable orders will be available on the New York State Department of Health website at https://coronavirus.health.ny.gov/.

Last week New York State released *Updated Isolation & Quarantine Guidance*. Tioga County Public Health is now following this guidance and we continue to get many questions regarding these changes. Please see the information below to see how these changes impact isolation and quarantine:

If you test positive for COVID-19, regardless of your vaccination status, you are required to:

- Stay home for 5 days (from symptom onset or test date)
- If you have no symptoms or symptoms are improving after 5 days, you can leave your house but you must wear a mask around others for 5 additional days
- If you are moderately/severely immunocompromised or if symptoms have not resolved, please continue to isolate until day 10; if you have a fever, stay home until fever resolves

If you are exposed to someone who has tested positive for COVID-19:
If you have gotten your booster shot, completed the primary series of Moderna or Pfizer vaccine within the last 6 months, or completed the primary series of J&J vaccine within the last 2 months you do not need to quarantine. Wear a mask around others for 10 days and test on day 5 if possible. *If you develop symptoms, get a test and stay home.*

If you are exposed to someone who has tested positive for COVID-19:
If you have **not been vaccinated** or you completed the primary series of Moderna or Pfizer vaccine 6 or more months ago or completed the primary series of J&J vaccine over 2 months ago and are <u>not boosted</u> you need to quarantine for 5 days. Continue to wear a mask around others for 5 additional days and test on day 5 if possible. *If you develop symptoms, get a test and stay home.*

Individuals who are unable to wear a well-fitting mask for 5 days after a 5-day isolation or quarantine should continue to stay home until day 10. If symptoms develop at any time, please, stay home and contact your healthcare provider. If you have a pending test **stay home** while you are waiting for your test results! Those who test positive for COVID-19 are responsible for notifying anyone they have come into close contact with. Please notify your employer and/or school district of any COVID-19 related absences.

COVID-19 Resources:
- COVID-19 Vaccine Locations: https://www.vaccines.gov/
- Find a COVID-19 Test Site Near You: https://coronavirus.health.ny.gov/find-test-site-near-you
- COVID-19 State Run Testing Locations: https://coronavirus.health.ny.gov/covid-19-testing
- New York State Dashboard: https://coronavirus.health.ny.gov/covid-19-testing-tracker
- Tioga County Public Health Website: ph.tiogacountyny.gov
- Tioga County Public Health Facebook Page: https://www.facebook.com/tiogacountypublichealth